



SARATOGA SPRINGS FIGURE SKATING CLUB

COVID-19 Policies and Procedures

The SSFSC is committed to providing a safe environment for all participants who use our ice sessions. In order for us to be able to provide figure skating sessions we require the cooperation of all participants and their families.

- **All skaters and coaches must bring and complete a COVID- 19 Certification Form at the time of check-in.**
- All skaters and coaches will be required to check in with the session supervisor before entering the ice. Check-in for an SSFSC session will begin 10 minutes prior to scheduled ice session. If you arrive prior to this time, please remain outside the rink. Remember to stay socially distanced (at least 6 feet apart) from other skaters waiting to enter.
- Skaters or coaches with any risk factors or illnesses (not just COVID symptoms) should not participate in any on-ice activity. Any skater or coach should not enter the rink or SSFSC skating session if they are feeling ill or exhibiting any signs of illness.
- All skaters, coaches, and volunteers must wear a mask that covers both the nose and mouth when in the rink facility.
- **Face coverings are required for skaters while on the ice.**
- Once checked in the skaters and coaches can enter the rink. Skaters will be directed to a designated individual area to place their belongings and to sit to put their skates on and off.
- Coaches are asked to make every effort to keep their skaters socially distanced from each other and from themselves when standing at the boards. Coaches are asked to coach skaters from the boards and to space themselves from other coaches by at least 6 feet.
- Parents and guardians are discouraged from entering the facility. For skaters who need parent supervision, limit to one parent/guardian in the facility and to remain socially distanced from others.
- Parents or guardians **MUST** provide the skater's coach and/or the session supervisor with accurate contact information in the event of an emergency while the skater is on SSFSC sessions. This information must be accurate and the responsible party must be able to be reached if the need arises.
- Locker rooms will not be available therefore all participants should arrive dressed for skating except for skates.
- While the restrooms will be available, it is recommended that participants utilize the restroom at home before coming to the rink.
- When leaving the ice, participants must wear a mask. Remove skates immediately and exit the facility within 10 minutes of leaving the ice.
- No off-ice interaction (socializing, off-ice training/activities) in the facility.
- Parents and guardians must be aware of the time when their skater will be exiting the ice and retrieve their skater at the entrance to the rink promptly.
- Coaches or other adults identified as being responsible for the skater should remain at the facility until all skaters in their charge are safe and removed from the facility.
- At the conclusion of the SSFSC ice sessions all participants should leave the facility promptly to allow for the next user group to come in.

January 7, 2021